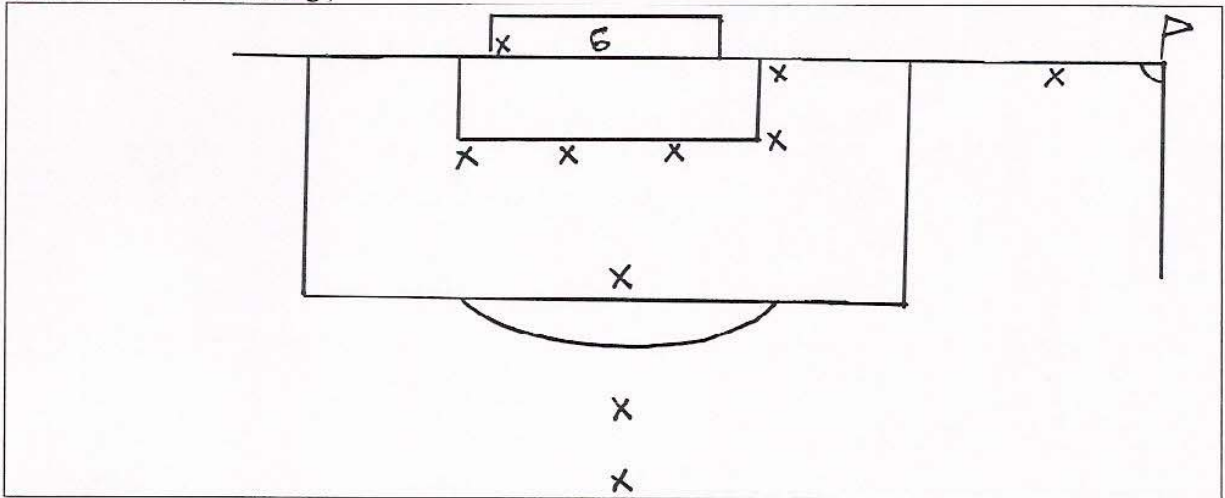


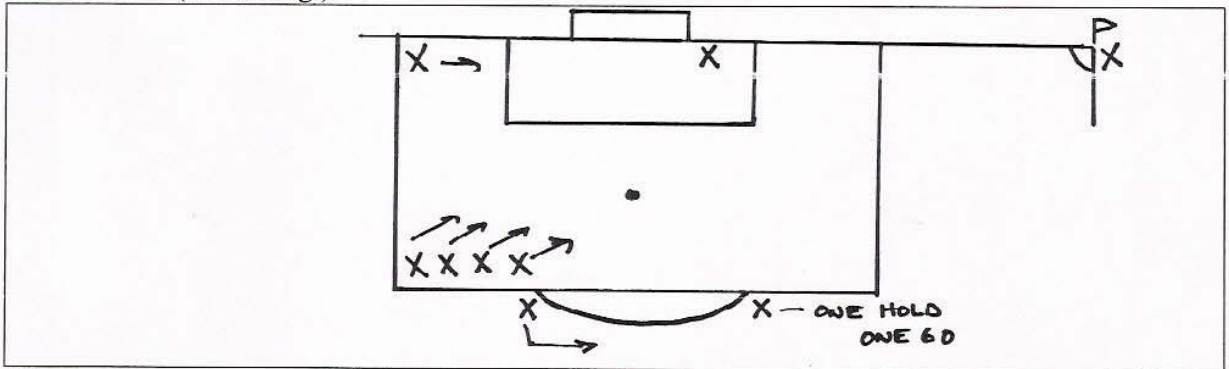
Full Team Drills
 Corner Kicks (Defending)



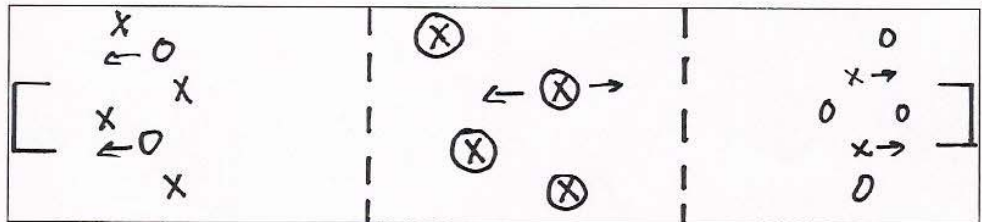
Using a zone.

Each player is responsible for a zone. If the ball is played into that area, attack it and clear. Anything inside the six yard box must be goalkeepers. If you go with a man v man option, must be confident of each player's defending skills..attack the ball. Practice both methods.

Corner Kicks (Attacking)



Aim for the penalty spot. Attack the ball, meet the ball with pace, not standing still. Do not be flat footed, defenders do not like to guard moving players.



Full field tactics

Both sides 4 v 2, practice moving ball and spreading the field, midfielders work both ways. Creates 6 v 4.