



**Ancaster Premier Indoor Soccer League**  
*(Operated by Ancaster Soccer Club)*  
**Youth Small-Sided Soccer League**  
**Policies and Procedures**

## Indoor Youth Small-Sided Soccer League Policies and Regulations

### **1. Membership**

- a) Applications to play in the league must be received on a form provided by the League, by the deadline date specified on the approved League application form. League fees must be paid in accordance with the thereon noted schedule for payments and where applicable must also be accompanied by a copy of the approved Playing Out Rights received from its appropriate District Association.
- b) Teams withdrawing from the league at anytime will not receive a refund (whether before or after the season has started). Once a team has paid the deposit amount or full league fee, they are agreeing to participate in the entire season, therefore not entitled to a refund.
- c) The League reserves the right to amend or balance the divisions based on the ability and number of teams who apply.
- d) The League reserves the right to approve or deny acceptance of a team's application to participate in the Downsview Soccer League.

### **2. Registration of Players/Coaches**

All players must be registered to their respective clubs on the Ontario Soccer's computerized system and be assigned to their respective divisions.

- a) Rosters must be submitted to the league at least seven (7) days prior to the start of the season. Any additions to the rosters must be updated at least 24 hours before the team's game. Any players not added at least 24 hours before a game will not be eligible to play that game.
- b) A player must be registered (24) twenty-four hours prior to playing in any League, Cup or Playoff game in the Ontario Soccer system. Any player(s) unable to present their duly registered and eligibly stamped Ontario Soccer player book/card to League staff as required by halftime of each game, will not be allowed to participate in the game. If a player has participated in the game and the book has not been presented by halftime, the team will default the game with a 3 – 0 loss. In the event of unforeseen and/or unavoidable circumstances, the League Committee reserves the right to decide and rule on the outcome of any absent player book(s), and the decision will be final.
- c) Registration of players will be closed as of February 23<sup>rd</sup> of each playing season for youth teams. As of the February 23<sup>rd</sup> deadline, rosters are frozen and no changes what

Ancaster Soccer Club adheres to all Ontario Soccer Standardized *Playing Rules for Indoor Soccer* so ever can be made. Any players registered after the February 23rd deadline will be ineligible and render all games in which they have participated in to be defaulted 3 – 0 and may subject the team to being removed from further play in the DSL.

d) Teams may register a maximum number of players as per Ontario Soccer Guidelines (7v7: U9 – U12 open roster, 6v6: U13 – U18 18 player maximum)

e) All rules and regulations as set out in the Ontario Soccer Administrative Guide regarding the signing and registration of players shall apply.

f) The determining factor for age groupings shall be taken from Ontario Soccer’s Registration Guide, following the year of commencement of the League competition.

g) A team found guilty of using an ineligible player shall forfeit the game to their opponent, with a 3-0 score being recorded, and may be subject to further disciplinary action at the discretion of the League Committee. A team found guilty of using an ineligible player will subject its club/team to a fine of up to \$2,000.00.

**h) Players can only play on one team in a division at any given time.**

i) **Open Rosters (U9-U12):** For the U9-U12 Age group teams can play any player in a game that is registered within their club and is of the appropriate age. A player may only play on one team within that club per day (exceptions must be requested directly with executive and will be dealt with on a case by case basis. Never will a player be permitted to play more than the daily limit as outlined within LTPD matrix).

j) The Ancaster Premier Indoor Soccer League does not permit “Players on Trial”, or “Temporary Registration Permits”.

k) Teams may register up to 4 “team officials”, all of which must also produce a duly stamped Ontario Soccer book/card. Team officials must print and sign their name and provide their Ontario Soccer number on the game sheet.

l) The League Committee shall rule on all disputes regarding player registration, and the Committee’s decision will be final.

### **3. Call Ups**

a) Teams may only use “Call Up” players from their own club (unlimited number of games with the noted exception herein for cup or playoff games). “Call Up” Players must present a current and duly stamped O.S. book in order to be eligible to play.

b) “Call Up” Players may be used provided:

i. The player is at the same age group or younger.

ii. Not more than three players are playing on trial for any one team, in any one game.

iii. They are not being used in a cup or playoff game.

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m) A “Call-up” player may only play for one team in a division. Once a player plays for a team in the division he/or she may not play for any other team in that same division. If a team is found to have played a “Call-up” that has already played for another team in the division, they shall default the game 3-0, and be subject to a \$250.00 fine.

#### **4. Player Transfers**

Players are allowed one transfer only during the current playing season. However, a player once transferred cannot be transferred back to the team for which he was originally registered until a period of thirty days has elapsed. The new team the player has transferred to must provide the league with an updated copy of their Ontario Soccer roster with the new player listed prior to them playing their first game with the new team. Club’s found guilty of breaking this rule are subject to a fine of up to \$500.00.

#### **5. Playing Season**

The playing season shall commence in November and conclude no later than the first week of May of the following year (with the exception of unforeseen and/or unavoidable circumstances).

#### **6. Discipline**

a) All on field game infractions will be adjudicated by mandatory penalties as laid out by the Ontario Soccer. All mandatory enforcements will go into effect starting on the next scheduled league or cup game, no exceptions.

b) Players, clubs have the option of requesting Discipline by Hearing (D.B.H). All such requests must be submitted in writing within 72 hours of the date of the game in which the infraction has occurred, and the request must be accompanied by a certified cheque, money order or cash for \$250.00 (non-refundable). If no request is received, Discipline by Review (D.B.R) will be completed.

c) Players, clubs or team officials reported for all general misconduct other than on-field infractions, shall be dealt with as “Special Incident Reports”. The accused will be given written notification of the date, time and location of any proposed hearing. Any person (player or team official) written on a special incident report, shall be suspended until a hearing is held. Failure to appear for a hearing will render the person suspended until a hearing can be held.

d) In all cases of alleged physical assault on a game official, by a player, club or team official, he/she shall be suspended immediately from all soccer activity until the case has been dealt with by the Discipline Committee of the Hamilton & District Soccer Association, as per the Ontario Soccer Constitution.

e) The discipline Committee adjudicating (b) & (d) above shall consist of three (3) committee members.

f) All players receiving Yellow cards will receive a two (2) minute penalty. Should a team receive a Red card, the team will play one (1) player short for 5 minutes. The player who receives the Red card must leave the bench and viewing area immediately. The recording of time by the referee will be final. All players receiving a Red card will automatically miss the next game and will receive further disciplinary action in line with their offence. This may be a “mandatory minimum” (see Appendix “A”). Any request(s) for D.B.H. will be administered as per (b) above.



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g) Any coach, manager, team or club official ejected from a game, will be subject to (c) above.

h) Players appearing before the Discipline Committee may be accompanied and or represented by a team or club official.

i) Any player, club or team official reported for violent conduct during a match, who is found guilty of such conduct, may be suspended for the remainder of the season.

j) Players, officials and spectators are allowed to take part in or attend matches on condition that they observe the Constitutions of Ontario Soccer, the Hamilton & District Soccer Association, the League and its Rules and Regulations.

k) Every club/team is responsible to the League for the actions of its players, team officials and team spectators and is required to take all precautions necessary to prevent spectators from abusing, threatening, poaching or assaulting officials, players, and facility staff. If a team's spectator is found to have been abusing, threatening, poaching or assaulting officials, players, and facility staff, the team/club will be subject to a \$500.00 fine and possible expulsion.

l) No game official, player or official of any club/team shall bet on any soccer match under the jurisdiction of the League.

m) Players and club or team officials suspended from the League shall not take part in any soccer activities in respect to the League, until the completion of the suspension. **(MUST NOT BE ON TEAM BENCH)**

n) The League has the right to levy monetary fines against players, teams/clubs or their officials where it is necessary to maintain a higher degree of control over the game of soccer. Teams or clubs may be required to post bonds for current or future participation.

o) Anyone found guilty and subsequently penalized by the League Discipline Committee, has the right to appeal the decision to the appropriate Committee of the North York Soccer Association in accordance with their policies and Procedures on Appeals.

**The Ancaster Premier Indoor Soccer League Committee reserves the right to suspend and expel teams and/or players that have acted in a manner that may be deemed dangerous to the facility and/or facility staff. Teams and players on teams instigating and/or participating in fights/brawls may be immediately suspended and/or expelled from further play with no refund of league fees.**

## **7. Protests**

a) Each protest arising from a game in the competition shall be submitted in writing to the League by Registered mail or other recorded delivery bearing the submission date, within 48 hours of the completion date of the game to which it relates. A protest fee of two hundred & fifty dollars (\$250, non-refundable) must accompany the protest, together with a copy of the submission date of the chosen recorded delivery method for the copy of the protest sent in accordance with 7b)



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- b) In all protests, the protesting teams must send to the team protested against, by Registered Mail or other recorded delivery, within 48 hours of the game to which it relates, a true copy of the protest submitted.
- c) A game can only be protested by teams directly involved in the protested game.
- d) Protest of a decision by a Referee will not be entertained.
- e) The League Committee shall review the protest in the event it has matched the criteria in the above a), b), c), and d). The League Committee's decision will be final.

## **8. General Rules**

**a) A per Ontario Soccer LTPD guidelines, scores/standings will not be kept for ages U9-U12 inclusive.**

b) The player's bench shall be deemed to be an area designated as such by the League. Only the players and team officials entered on the game sheet with Ontario Soccer numbers are allowed on the bench. (Only registrants of that particular team). The only exception to this is a "Call Up" player, which will be identified on the team Game Sheet. Only players who are dressed to play in full uniform are eligible to be on the team bench.

c) Team must provide each player with identical jersey with differing numbers on their back.

d) Under 9-Under 17 inclusive play 7-a-side (6 and a goal keeper)

e) The goalkeeper must wear a contrasting jersey, which also must be different from the opposing team and be numbered.

f) The first team named on the schedule shall be the home team. When uniform colors are similar, the home team must change to a distinct color shirt. If necessary, the League Conveners may provide contrasting pinnies to one or both teams.

g) **Game Duration:** Each game shall consist of two equal halves of 25 minutes each. In the event of a delay in the start of a game, the referee may shorten each half to not less than 15 minutes per half. This is subject to the League's approval.

h) A grace period of five (5) minutes will be allowed if a team has less than five players for 7-a-side play at the appointed kick-off time. The defaulting team shall forfeit the game and the points will be awarded to the opposing team. The score shall be recorded as a 3-0 score in favor of the opposing team. If both teams have less than the minimum required players, no points will be awarded.

i) Teams forfeiting games will pay 100% of the game officials' fee and shall be subject to a fine of up to \$250.00 to their club/team. A team forfeiting three games could be suspended from further play by the League Committee

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j) Player book checks are “Mandatory upon Request” prior to the start of every game (at least 15 minutes before or before the start of the 2nd half (if the books were not available at the start of the game).

k) All players and team officials must have their ID Book available for presentation to the opposing team official. If a team’s player(s) book(s) is(are) unavailable prior to the beginning of the game, the team will be granted until half time to produce them. In the event the book(s) are not produced by this time, the team will forfeit the game as a 3 – 0 loss to their opponent. If the game is started and then abandoned at half time because the book(s) was(were) not available, the team/club will be subject to a \$500.00 fine.

l) Anyone who is unable to produce his/her ID Book shall not be allowed to play/coach.

m) It shall be the responsibility of the team representative to notify the referee of any discrepancies/protests not later than the commencement of the second half of play. The referee must record such discrepancies/protests in his/her report to the League when submitting his/her completed Team Sheets.

n) Any teams failing to verify their opponents Registration Books will lose all rights of protest on grounds of player/coach eligibility.

o) The team officials are responsible for all players on the team, at all times, and shall conduct themselves in a manner in accordance with the Rules and Regulations of the League and shall confine themselves to the bench area along with the players. The team official shall only enter the field of play when authorized by a game official.

p) Any game abandoned by a game official will be dealt with by the League/Discipline Committee who shall decide the result of the game, which may include rescheduling the game or a loss for either team.

A player or team official impeding, harassing, or otherwise intimidating a game official, opposing team official or opposing player, will be subject to severe disciplinary action, including a fine to the club/team of up to \$1,000.00

q) Substitutions will be allowed on the fly.

r) All games will be played as scheduled unless:

i. At the discretion of the League, postponement is necessary due to inclement weather or other unavoidable circumstances.

s) Postponed games must be played as rescheduled (if possible) by the League. Failure to comply could result in no points being awarded and penalties/fines imposed. The League reserves the right to give a minimum of one-week notification prior to the rescheduled game date, regardless whether the rescheduled day differs from the team’s regular game day.

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t) For applicable divisions, a team shall be awarded three (3) points for a win, and one (1) point for a tie. In the event of a tie in points seeding in the League standings at the end of the regular season, the tie will be broken according to the following

- i. Most Wins.
- ii. The winner of the head to head competition between the two tied teams only (when more than two teams are tied, rule iii (below) applies. If the teams are still tied, they will continue with iii, iv, v and vi if necessary.)
- iii. Goal Differential throughout the entire 18 regular season games.
- iv. The team with the least goals against throughout the entire 18 regular season games
- v. The team with the most goals for throughout the entire 18 regular season games.
- vi. A coin toss in the presence of both team representatives and the league.

u) The use of shin guards is mandatory at all ages and levels of play.

v) A size 4 ball will be used for all age divisions up to and including U-12. A size 5 ball will be used for ages U-13 and up. The home team may be asked to provide the game ball.

w) Use of foul and abusive language at the Redeemer Sports Complex is strictly prohibited. The facility is for the use of pleasure of all ages, male and female. Any team member found to have been using such language, while on or off the field of play, while on the facilities grounds, will put their team/club at risk of being heavily fined or expelled from further play.

x) All information on the game sheet must be printed legibly and must be complete. Any incomplete or illegible game sheets may be subject the team to a fine, disciplinary action/forfeiture of game, or both.

y) An Ontario Soccer Official Roster **MUST** be submitted to the league at the time specified prior to the beginning of the season.

z) For any additions or deletions from the team roster the team must supply the league with an Ontario Soccer Official Roster clearly showing these changes. Failure to comply with the above will render an added player ineligible and the team be subject to 2(f) above. Again, this copy of the roster must be stamped by the Club's governing district.

aa) As Per the Ontario Soccer LTPD Policies the U9-U12 leagues will operate with the **Retreat Line** in effect. The retreat line is at the 1/3 spot on either end of the field. The retreat line will come into play when the ball has gone out for a goal kick or when the goalkeeper has the ball in his/her arms.

All opponents must be behind the retreat line and cannot cross until the ball:

- Is touched by a player of the team taking the goal kick **OR**
- Leaves the field of play **OR**
- Goes over the retreat line (If goalkeeper chooses to play the ball across the retreat line prior to the opposition crossing the retreat line)



## **8. Cup/Playoff Rules**

- a) All players must be registered with their club/team by February 23<sup>rd</sup> to play in any cup game or playoff game.
- b) Teams may not use call-up players for any cup or playoff games.
- c) In all “knockout” rounds of the cup/playoff, if the game is tied at the end of regulation time then penalty kicks shall be taken per the following guidelines:
  - i. Any three players on the team may participate in the taking of penalty kicks.
  - ii. The goalies at the time of the end of regulation time must be the goalies for the respective teams during the penalty kicks.
  - iii. In the event both teams are tied after 3 shooters, penalty kicks will resume into “sudden death”. All players listed on the game sheet must shoot once before another player may shoot a second time (unless a player sustains an injury in which the referee allows the player not to shoot). Benches may be shortened by the referee to even out the number of shooters.
  - iv. Player’s shin-guards must remain in place at the time of penalty kicks.
- d) All forfeited games will be recorded as a 3-0 Default win.

## **9. Administrative**

- a) Absolutely no changes to the final schedules will be entertained. Reschedules will only be as per 6(l).
- b) Any complaints (other than protests), about Referees and/or game outcomes must be put in writing and submitted to the League office (referee@ancastersoccer.com). Results of the game will not be changed. Only legitimate complaints will be entertained. No verbal complaints will be entertained; if a team member is found to have been venting during or after the game about the referee, the complaint, when then put into writing, will not be heard.
- c) Only the League Committee is empowered to deal with complaints, which must be made as per (b) above. Only the League Committee can determine which complaints are frivolous and which complaints are genuine. The committee’s decision is final.
- d) All fines are due and payable prior to the next scheduled game. Failure to remit payment on time could render the team/Club suspended from further League participation until payment is received by the League. Games scheduled during such a period of suspension will be considered forfeited and applicable Rules and Regulations will take effect.



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## **10. Other Matters**

a) All matters not included in these Rules and Regulations or the Constitution of the Downsview Soccer League, shall be judged in accordance with the Constitution and By Laws of the North York Soccer Association and/or the Ontario Soccer Association

## **11. Facility**

The Redeemer Sports Complex is a drug, tobacco and alcohol-free facility. Consumption is strictly prohibited. Any violation of any published rules and regulations will result in severe monetary fines and penalties as well as suspension and possible banning from The Redeemer Sports Complex.



## **APPENDIX “A”**

### **League Fee Schedule**

Discipline Administration charge per hearing	\$250.00
Fines for team no shows (Officiating and Assistant Referee fees extra)	\$250.00
Team Withdrawal - Rule 1(b)	<b>NO REFUND</b>

### **Discipline Fees:**

\*\*No shows are defined as providing less than 72 hours notice to the league that the team will not be able to make the game\*\*

First Game No Show by Team (plus 100% of the game official’s fee):	up to \$250.00
Second Game No Show by Team (plus 100% of the game official’s fee):	up to \$250.00

**(Payable to League before team’s next game)**

Third Game no show: suspended from further play

### **Hearing Fees: (non-refundable)**

Team Request for Discipline by Hearing - see 5(b)	\$250.00
Discipline Committee Hearing for Team No Show	\$75.00
Discipline Committee Hearing for Illegal Player(s)	\$75.00
Discipline Committee Hearing for Brawl/Fight	\$75.00
Discipline Committee Hearing for Game Abandonment	\$75.00
Discipline Committee Hearing for Dismissal of Team Official	\$75.00

### **Fines:**

Unauthorized Entry during a Game	up to \$200.00
Withdrawing Team from Game	up to \$200.00
Game Abandoned	up to \$500.00
Ineligible Player	up to \$1,000.00
Game Protest Fee	up to \$250.00
Team Forfeit (plus 100% of the game officials’ fee)	up to \$ 250.00
Harassing or Intimidating Behavior towards Game Officials	up to \$500.00

### **In the event that a team withdraws from the League:**

Teams withdrawing from the league at anytime will not receive a refund (whether before or after the season has started). Once a team has paid the deposit amount or full league fee, they are agreeing to participate in the entire season, therefore not entitled to a refund

## **APPENDIX “B”**

(Keep in mind all these Suspensions are minimums and may be increased at League’s discretion.)

### **1. Dismissal - Automatic Suspension with the next League game.**

- |  |                    |
|--|--------------------|
| a) Dismissal for 2nd Cautionable offence in a game   | 1 Game Suspension  |
| b) Dismissal for Serious Foul Play (Hand Ball):  |                    |
| First ejection   | 1 Game Suspension  |
| Second ejection  | 2 Games Suspension |
| c) Serious Foul Play, Persistent Misconduct (pushing, slide tackles) resulting in ejection from the game:  |                    |
| First ejection   | 2 Games Suspension |
| Second ejection  | 4 Games Suspension |
| d) Violent Conduct (i.e. striking an opponent, kicking an opponent, charging from behind, spitting or any attempt at these offences), resulting in ejection from the game: |                    |
| First ejection   | 3 Games Suspension |
| Second ejection  | 6 Games Suspension |
| e) Physical contact with any Game Official, resulting in an ejection:<br><b>Immediate Suspension, hearing held with teams District.</b>                                    |                    |
| f) Foul and Abusive Language to the Game Official, resulting in an ejection:   |                    |
| First ejection   | 3 Game Suspension  |
| Second ejection  | 6 Game Suspension  |
| g) Foul and Abusive Language other than to Game Official, resulting in an ejection:  |                    |
| First ejection   | 1 Games Suspension |
| Second ejection  | 3 Games Suspension |

### **2. Penalties Against Team Officials**

Any Team Official who gets ejected from the game is subject to Ontario Soccer and League Policies and Procedures. The Official must attend a hearing at the Leagues request.

**The Ancaster Premier Indoor Soccer League Disciplinary Committee reserves the right to levy monetary fines and or bonds to all misconduct Reports proven in accordance and compliance with Ontario Soccer Policy 9.0 and Ancaster Premier Indoor Soccer League Published Rules & Regulations.**



## APPENDIX “C”

### Mandatory Minimum Suspensions

<b>DISMISSED FOR</b>	<b>FOUL OR ABUSIVE LANGUAGE DIRECTED AT ANYONE OTHER THAN A GAME OFFICIAL</b>	<b>ONE (1) GAME SUSPENSION</b>
<b>DISMISSED FOR</b>	<b>SERIOUS FOUL PLAY FOR PREVENTING A GOAL BY DELIBERATELY HANDLING THE BALL</b>	<b>ONE (1) GAME SUSPENSION</b>
<b>DISMISSED FOR</b>	<b>SERIOUS FOUL PLAY (OTHER THAN ABOVE)</b>	<b>TWO (2) GAME SUSPENSION</b>
<b>DISMISSED FOR</b>	<b>VIOLENT CONDUCT</b>	<b>THREE (3) GAME SUSPENSION</b>
<b>DISMISSED FOR</b>	<b>FOUL OR ABUSIVE LANGUAGE DIRECTED AT A GAME OFFICIAL</b>	<b>THREE (3) GAME SUSPENSION</b>

THE ABOVE ARE MANDATORY MINIMUMS AS SET OUT BY THE ONTARIO SOCCER Policy 9.0 Standard Penalties For Misconduct

The player who receives the Red card must leave the field of play including the team bench and viewing area immediately.

All players receiving a Red card will automatically miss their next game and will receive further disciplinary action and or fines in line with and according to the severity of their offence and actions. This can range from the minimum to the maximum monetary fine

**IN GRIEVOUS CASES THAT THREATEN THE GOOD REPUTATION AND PURPOSE OF THE COMPETITION, SUCH AS, ANY TEAM FOUND GUILTY OF BRINGING THE LEAGUE INTO DISREPUTE; THE ANCASTER PREMIER INDOOR SOCCER LEAGUE RESERVES THE RIGHT TO REQUIRE TEAMS OR CLUBS TO POST BONDS FOR CURRENT OR FUTURE PARTICIPATION IN THE SOCCER LEAGUE.**

## **Appendix “D”**

### **READ CAREFULLY – DISCIPLINE ADVISORY NOTICE**

**Teams who have Disciplinary action taken against them by their assigned Referee will be penalized in accordance with the Ancaster Premier Indoor Soccer League Rules and Regulations and be subject to a fine to be determined by the League Discipline Committee.**

The Discipline Committee adjudicating shall consist of at least a chairperson and two (2) other members. Where it is necessary to maintain a higher degree of control over the game of soccer, The **Ancaster Premier Indoor Soccer League** reserves the right to levy monetary fines against teams/clubs or their officials.

**The player who receives the Red card must leave the field of play including the team bench and viewing area immediately. All players receiving a Red card will automatically miss their next game and will receive further disciplinary action and or fines in line with and according to the severity of their offence and actions. This can range from the minimum to the maximum suspension and fine.**

Players or teams have the option of requesting a Discipline by Hearing. All such requests must be submitted in writing within 72 hours of the date of the game in which the Dismissal had occurred. The request must be accompanied by the Hearing fee of \$250.00. In all cases, if no request is received, a discipline by Review process will begin by the league Discipline Committee. All Players appearing before the Discipline Committee may be accompanied and or represented by a team or club official. **Anyone found guilty and subsequently penalized by the League Discipline Committee via D.B.H process, has the right to appeal the decision to the appropriate Committee of the Hamilton & District Soccer Association in accordance with their policies and Procedures on Appeals. Disciplines by Review decisions are final and can not be appealed.**

In cases of alleged assault of a game official, by a player, team or team official, the accused party shall be suspended immediately from all soccer at the Redeemer Sports Complex until the assault charges have been heard and adjudicated by the Discipline Committee of the Relevant Soccer Association, as per the Ontario Soccer Constitution. **The Ancaster Premier Indoor Soccer League reserves the right to expel any person, player, club or team official found guilty of assault indefinitely from participating in any activity at the Redeemer Sports Complex.**

**ANY COACH, MANAGER, TEAM OR CLUB OFFICIAL BEING DISMISSED FROM THE FIELD OF PLAY BY THE REFEREE OR CONVENER DURING A GAME, WILL BE SUBJECT TO THE ABOVE-MENTIONED PROCESS AND MUST ATTEND A HEARING AT THE LEAGUES REQUEST.**

Any Player or team official reported for violent conduct during a match, who is found guilty of such conduct, may be suspended for the remainder of the season as indicated in The Ancaster Premier Indoor Soccer League Rules and Regulations. **(Players and team officials under suspension shall not take part in any soccer activities at the Redeemer Sports Complex for the duration of the suspension.**

## Appendix 'E'

### MANDATORY ATTIRE



A uniformed, numbered jersey



A pair of shin guards covered by socks



A pair of indoor / turf shoes

### PROHIBITED ATTIRE & EQUIPMENT



No jewellery



No eyewear not designed for contact sports (goggles are acceptable)



No caps or hats



No casual dress shorts



Outdoor cleats or spikes